

Week 3

# Weekly Menu



	Monday 10/12/20	Tuesday 10/13/20	Wednesday 10/14/20	Thursday 10/15/20	Friday 10/16/20
<b>Day Breakers</b>	Ham, Egg and Cheese English Muffin or Sausage Egg and Cheese Burrito \$2.99	Bacon, Egg and Cheese Bagel or Veggie Breakfast Wrap \$2.99	Bacon Egg and Cheese on French Toast or Southwestern Breakfast Wrap \$2.99	Bacon Egg and Cheese Biscuit or Western Breakfast Wrap \$2.99	Ham, Egg and Cheese Croissant or Veggie Breakfast Wrap \$2.99
<b>Main Plate</b>	<b>Pizza Pasta Bake</b> Penne Pasta Baked together with mozzarella cheese, marinara sauce, Italian sausage, pepperoni, w/ one side and breadstick \$4.65	<b>Caprese Chicken</b> Balsamic Marinated Grilled chicken Breast topped with Tomato, Mozzarella and Basil w/ two sides \$5.45	<b>Tex Mex Grilled Chicken Burrito</b> Tex Mex Seasoned Chicken Breast w/ refried beans, rice, avocado, Monterey jack cheese grille din a flour tortilla \$5.25	<b>BBQ Pulled Pork Sandwich</b> Tender pulled pork coated in a tangy bbq sauce served w/ coleslaw, one side and a 16 oz fountain beverage \$6.15	<b>Fish and Chips</b> Beer Breaded Haddock served with Chips \$5.65
<b>J. CLARK'S GRILLE</b>		<i>Burgers, Cheeseburgers, Hot Dogs, Fries</i> Available 4:30-6:30		<i>Pulled Pork Sandwich w/ coleslaw, Burgers, Cheeseburgers, Fries</i> Available 4:30-6:30	
<b>MARKET ST. DELI</b>	Assorted Wraps and Salads Available	Assorted Wraps and Salads Available	Assorted Wraps and Salads Available	Assorted Wraps and Salads Available	Assorted Wraps and Salads Available
<b>VILLA TOSCANA</b>	Personal Pizzas Available 4:30-6:30	<b>FRESH and FLAVORFUL</b>	Assorted Stromboli Available 4:30-6:30	<b>FRESH and FLAVORFUL</b>	Calzones Available 4:30-6:30
<b>BRAVO!</b>	<b>Sushi Do</b> Enjoy Freshly Rolled Sushi Priced by Roll	<b>Sushi Do</b> Enjoy Freshly Rolled Sushi Priced by Roll	<b>Sushi Do</b> Enjoy Freshly Rolled Sushi Priced by Roll	<b>Sushi Do</b> Enjoy Freshly Rolled Sushi Priced by Roll	<b>Sushi Do</b> Enjoy Freshly Rolled Sushi Priced by Roll
<b>duJour</b>	Creamy Tomato Basil	Cauliflower Cheese Soup	Vegetarian Vegetable	Chicken Noodle	Vegetable Tortellini

Dietitian's Choice =



= Better-for-You Choices at Every Meal  
Thoroughly cooking meats, seafood, and eggs reduces risk of foodborne illness